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Blue Ridge Parkway Destination Center Earns a Rare 11 of 10 Points for Optimized Energy Performance

Building design utilizes high-tech computational fluid dynamics analysis of low-tech passive solar Trombe walls

ASHEVILLE, N.C., Jan. 12, 2009 – Lord, Aeck & Sargent announced today that in awarding LEED^{®1} (Leadership in Energy and Environmental Design) Gold certification to the Blue Ridge Parkway Destination Center in the category of new construction, the U.S. Green Building Council gave the project the maximum 10 points in the category of optimized energy performance, plus an additional point for exceeding the maximum (60 percent) energy savings tracked for this credit. The project tracked a 75 percent improvement in energy performance over a code-compliant base building.

"To the best of our knowledge, it's extremely rare for a project to achieve more than the maximum 10 points allowable in the USGBC's optimized energy performance category, but frankly, we're not surprised that our Blue Ridge Parkway project earned 11 points," said Jim Nicolow, AIA, LEED AP, director of sustainable development at Lord, Aeck & Sargent, which designed the Destination Center for the National Park Service.

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"That's because, in addition to numerous energy conservation integrated design strategies such as hydronic radiant heated flooring and a high-efficiency HVAC system with an energy recovery wheel, our most innovative strategy was the use of high-tech computational fluid dynamics (CFD) modeling to analyze our use of low-tech passive solar Trombe walls," Nicolow continued.

Trombe walls use the sun to heat a small air space between a glass wall and a heavymass wall such as concrete. The trapped heat is then transferred into the building, either indirectly through the concrete or, as is the case with the Destination Center, directly through vents. To study the walls, Lord, Aeck & Sargent partnered with Pennsylvania State University's Applied Research Laboratory (ARL) to construct the CFD computer model to study the movement of fluid flow – air in this case – and heat transfer. The Destination Center's south façade features a row of 13 passive solar Trombe walls in a saw-tooth formation; the walls help to heat the building in the winter and cool it in the summer.

Ongoing energy performance analysis

Vikram Sami, LEED AP, senior building performance analyst, said that since construction of the Destination Center was completed in November 2007 Lord, Aeck & Sargent has been conducting an ongoing analysis in partnership with the Georgia Institute of Technology's College of Architecture to evaluate the building's energy performance and to compare it with Penn State's CFD analysis.

"While it's still too early to make any definitive assessments," Sami said, "the facility's optimized passive solar design, along with a mix of other strategies, is projected to reduce energy use by 75 percent over an ASHRAE 90.1-1999 base building. This reduction was achieved by integrating energy modeling into the design process, and using dynamic analysis tools like CFD to analyze the passive performance of the building."

In addition to the Trombe walls, other integrated energy optimization strategies utilized in the design of the Destination Center include:

- An HVAC system that uses an energy recovery unit to transfer heat from air exhausted out
 of the building to air entering the building in the winter. In the summer, the energy recovery
 unit pulls moisture out of the air that enters the building.
- Appropriate orientation and external overhangs and shading devices to allow sunlight in the building in winter while blocking it in the summer to prevent overheating of the walls
- Radiant heated flooring, which reduces both heating and fan loads
- Increased roof and wall insulation, and a 10,000-square-foot green roof, 100 percent of which is planted with native, drought tolerant plants to reduce heat transfer through the building skin
- Daylight harvesting coupled with efficient lighting design to reduce lighting loads by 78
 percent. Lights are controlled with photo and occupancy sensors that turn off the lights when
 the daylight is sufficient, or when the Destination Center is unoccupied.
- High performance glazing utilizing thermally broken aluminum frames
- Natural ventilation to reduce the building's cooling load in the swing seasons
- Operable windows in the facility's offices and exhibit hall
- Ceiling fans, which move stratified warm air back down from high ceiling spaces

In all, the Blue Ridge Parkway Destination Center garnered 44 points to achieve its LEED Gold certification from the USGBC. The points were awarded in all six major environmental categories of review, including: Sustainable Sites, Water Efficiency, Energy and Atmosphere, Materials and Resources, Indoor Environmental Quality, and Innovation and Design Process.

The project team

The Blue Ridge Parkway Destination Center project team included:

- Blue Ridge Parkway, owner, the Southeast Region of the National Park Service, and the Denver Service Center, the NPS' planning, design and construction management office
- Lord, Aeck & Sargent, Inc. (Atlanta), architect
- Van Sickle & Rolleri Ltd. (Medford, N.J.), exhibit designer
- The Jaeger Co. (Athens, Ga.), landscape architect
- Rocky Mountain Institute Built Environment Team (formerly the ENSAR Group) (Boulder, Colo.), daylight modeling
- Newcomb & Boyd (Atlanta), MEP/FP engineer
- Palmer Engineering Co., Inc. (Tucker, Ga.), structural engineer
- Long Engineering, Inc. (Atlanta), civil engineer
- Waveguide Consulting (Atlanta), theater AV and acoustical consultant
- Applied Research Laboratory at The Pennsylvania State University (State College, Penn.), computational fluid dynamic modeling
- Perry Bartsch Jr. Construction Co. (Asheville, N.C.), general contractor

About Lord, Aeck & Sargent

Lord, Aeck & Sargent is an award-winning architectural firm serving clients in scientific, academic, historic preservation, arts and cultural, and multi-family housing and mixed-use markets. The firm's core values are responsive design, technological expertise and exceptional service. In 2003, The Construction Specifications Institute awarded Lord, Aeck & Sargent its Environmental Sensitivity Award for showing exceptional devotion to the use of sustainable and environmentally friendly materials, and for striving to create functional, sensitive and healthy buildings for clients. In 2007, Lord, Aeck & Sargent was one of the first architecture firms to adopt The 2030 Challenge, an initiative whose ultimate goal is the design of carbon-neutral buildings, or buildings that use no fossil-fuel greenhouse gas-emitting energy to operate, by the year 2030. Lord, Aeck & Sargent has offices in Ann Arbor, Michigan; Atlanta, Georgia; and Chapel Hill, North Carolina. For more information, visit the firm at <u>www.lordaecksargent.com</u>.

About the U.S. Green Building Council

The U.S. Green Building Council is a nonprofit membership organization whose vision is a sustainable built environment within a generation. Its membership includes corporations, builders, universities, government agencies, and other nonprofit organizations. Since UGSBC's founding in 1993, the Council has grown to more than 17,000 member companies and organizations, a comprehensive family of LEED[®] green building rating systems, an expansive educational offering, the industry's popular Greenbuild International Conference and Expo (www.greenbuildexpo.org), and a network of 78 local chapters, affiliates, and organizing groups. For more information, visit www.usgbc.org.

¹About LEED

The LEED[®] (Leadership in Energy and Environmental Design) Green Building Rating System[™] is a feature-oriented rating system that awards buildings points for satisfying specified green building criteria. The six major environmental categories of review include: Sustainable Sites, Water Efficiency, Energy and Atmosphere, Materials and Resources, Indoor Environmental Quality and Innovation and Design. Certified, Silver, Gold, and Platinum levels of LEED green

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building certification are awarded based on the total number of points earned within each LEED category. LEED can be applied to all building types including new construction, commercial interiors, core & shell developments, existing buildings, homes, neighborhood developments, schools, retail facilities and healthcare.

Incentives for LEED are available at the state and local level, and LEED has also been adopted nationwide by federal agencies, state and local governments, and interested private companies. For more information, visit <u>www.usgbc.org/LEED</u>.

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